



**INGREDIENTS:** Beecher's cheese (pasteurized milk, salt, culture, enzymes), tortillas (stone ground blue corn, water, trace of lime), roasted tomatillo, water, black beans, roasted corn, roasted pepitas, cilantro, green chiles, serrano chiles, roasted red onion, roasted poblano chiles, rice starch, sea salt, garlic (garlic, water), canola oil, mango juice concentrate, evaporated cane syrup, chili powder (chili pepper and other spices, salt, garlic powder), extra virgin olive oil, lemon juice concentrate.

**CONTAINS:** Milk.

Prepared for Beecher's Handmade Cheese  
Seattle, WA 98101 - New York, NY 10003

Amount Per Serving	
Serving Size 1 bowl (255g)	
Servings Per Container 1	
<b>Calories</b> 450	Calories from Fat 240
% Daily Value*	
<b>Total Fat</b> 27g	42%
<b>Saturated Fat</b> 14g	70%
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 45mg	15%
<b>Sodium</b> 990mg	41%
<b>Total Carbohydrate</b> 24g	8%
<b>Dietary Fiber</b> 5g	20%
<b>Protein</b> 23g	46%
<b>Vitamin A</b> 20%	<b>Vitamin C</b> 70%
<b>Calcium</b> 45%	<b>Iron</b> 10%
*Percent Daily Values are based on a diet of 2,000 calories depending on your calorie needs:	
<b>Total Fat</b>	Less than 65g
<b>Saturated Fat</b>	Less than 20g
<b>Cholesterol</b>	Less than 300mg
<b>Sodium</b>	Less than 2,400mg
<b>Total Carbohydrate</b>	300g
<b>Dietary Fiber</b>	25g
<b>Total Carbohydrate</b>	375g
<b>Calories per gram:</b>	
<b>Fat</b> 9	• <b>Carbohydrate</b> 4
	• <b>Protein</b> 4

**Nutrition Facts**



For more information, please visit [www.beecherscheese.com](http://www.beecherscheese.com) or email [thestaft@beecherscheese.com](mailto:thestaft@beecherscheese.com)

Our packaging is 100% recyclable and earth friendly.

*Beecher's Handmade Cheese only makes foods with ingredients we trust, are proud of, and would eat ourselves. It's just authentic and original food, full of flavor.*

Our company credo says it best:

colorings. Beecher's adds only tasty ingredients and never includes harmful food additives like flavor and texture enhancers, preservatives, or artificial food colorings. Beecher's adds only tasty ingredients and never the delicious meals and crackers. From the handcrafted cheeses to how we make all of our products, We know this because that's from clean, authentic ingredients, cheese, we know it's made only goodness, and because it's our Bowls, we added extra-cheesy With our full-flavored Enchilada



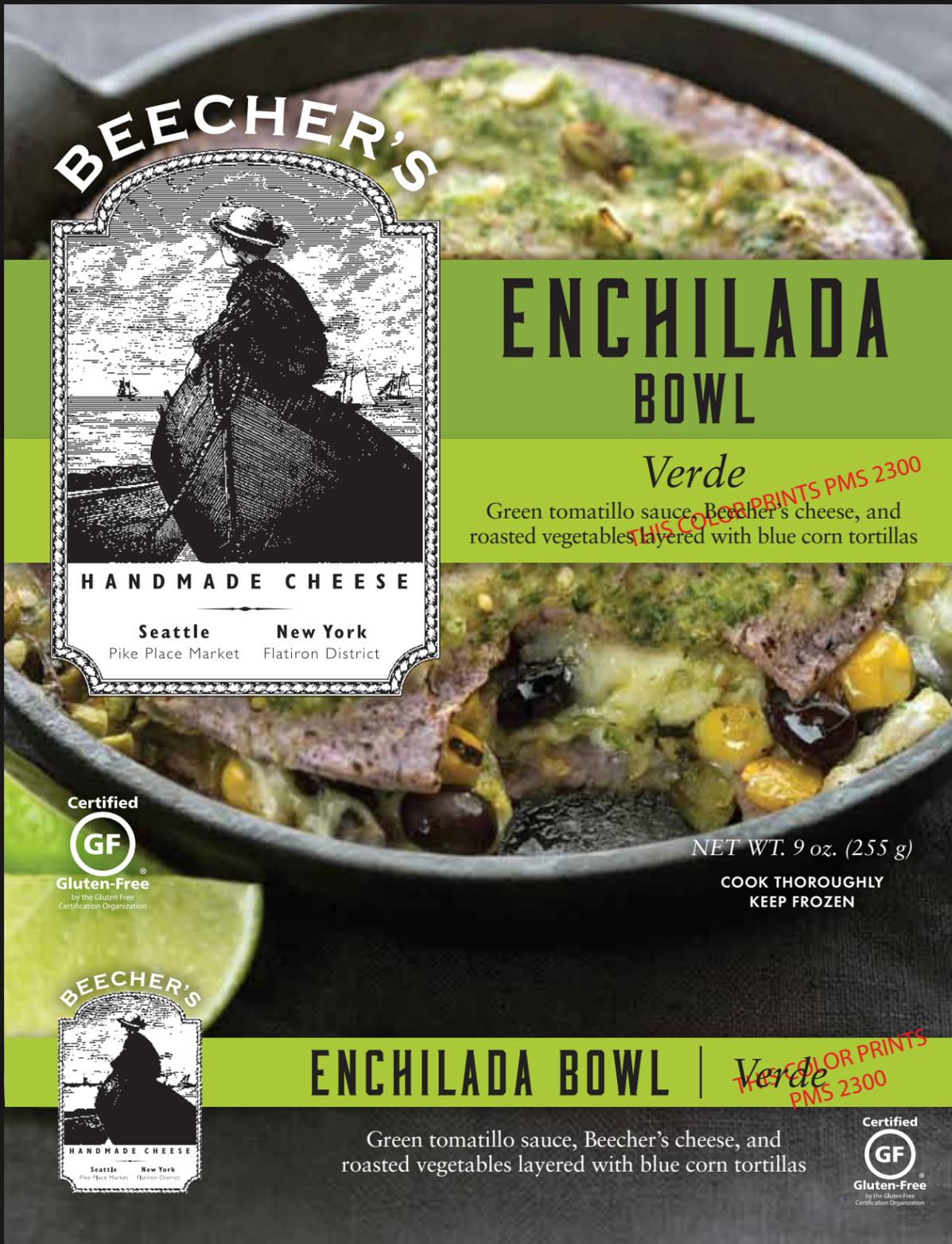
**ALL THE FLAVOR**  
*(without the additives)*



We contribute 1% of all sales to the BEECHER'S PURE FOOD KIDS FOUNDATION empowering kids to make healthy food choices for life. For more information, please visit [www.purefoodkids.org](http://www.purefoodkids.org)



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# BEECHER'S ENCHILADA BOWL

## Verde

Green tomatillo sauce, Beecher's cheese, and roasted vegetables layered with blue corn tortillas

**HANDMADE CHEESE**  
Seattle Pike Place Market | New York Flatiron District

**Certified GF Gluten-Free**  
by the Gluten Free Certification Organization

**NET WT. 9 oz. (255 g)**  
**COOK THOROUGHLY**  
**KEEP FROZEN**

**ENCHILADA BOWL | Verde**  
Green tomatillo sauce, Beecher's cheese, and roasted vegetables layered with blue corn tortillas

**Certified GF Gluten-Free**  
by the Gluten Free Certification Organization

At Beecher's Handmade Cheese, we care deeply about the health, well-being and culinary delight of our customers. We have a passion for — and a commitment to — a philosophy of wholesome nutrition. Try any one of our award-winning products and experience that passion firsthand.

[www.beecherscheese.com](http://www.beecherscheese.com)



**FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS \***

**CONVENTIONAL OVEN:** Remove film. Preheat oven to 375°F. Place bowl on baking sheet and bake on middle oven rack for 35 to 40 minutes or until heated through. If top browns too quickly, cover with foil until finished cooking. Remove from oven; contents will be very hot.

**MICROWAVE:** We love our enchiladas, but we do not love the microwave. Bake in the oven — so much better! Cut a 1-inch slit into the film. Place bowl in microwave on a microwave-safe plate. Microwave for 3 minutes on high, remove film and cook for 30 to 60 seconds more or until heated through. Contents will be very hot.

\*Ovens vary; cook to an internal temperature of 165°F as measured with a food thermometer. Keep frozen until ready to bake.