



Nutrition Facts

About 2.5 servings per container
Serving size 1 cup (255g)

Per serving		% Daily Value*	
Calories	400		
Total Fat	23g	29%	68%
Saturated Fat	12g	60%	140%
Trans Fat	0.5g		
Cholesterol	65mg	22%	52%
Sodium	1170mg	51%	119%
Total Carbohydrate	30g	11%	26%
Dietary Fiber	3g	11%	29%
Total Sugars	8g		
Incl. Added Sugars	2g	4%	8%
Protein	19g		
Vitamin D	0mcg	0%	6%
Calcium	371mg	30%	70%
Iron	2mg	10%	20%
Potassium	530mg	10%	25%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Prepared for Beecher's Handmade Cheese
Seattle, WA 98101 - New York, NY 10003



CONTAINS: Egg, milk, wheat, to 10% acidity), dehydrated onion, dehydrated garlic, corn starch, paprika, fennel, rosemary), rice flour, rice vinegar (diluted with water), spices (black pepper, thyme, oregano, crushed red pepper, parsley, extra virgin olive oil, sea salt, cane sugar, kale, garlic (garlic, water), milk, salt, culture, enzymes), spinach, olives, water, sea salt), natural flavorings, paprika), cooked pork, Flagship cheese (pasteurized, cooked beef, cooked Italian sausage (pork, spices, salt, sugar, mozzarella cheese (cultured pasteurized milk, culture, enzymes), water, vinegar, salt), cheese curds (pasteurized milk, culture, enzymes, salt), ricotta cheese (pasteurized whey, pasteurized milk, pasteurized cream), cooked lasagna pasta (water, semolina [milled wheat], egg whites).



Beecher's Handmade Cheese makes foods only with ingredients we trust, are proud of, and eat ourselves. It's just authentic and original food, full of flavor.

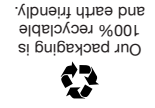


Food Kids workshops, 4th and 5th grade students become food for life. In the foundation's free Pure Beecher's Foundation, which inspires kids to make healthy food choices through marketing messages. Since the nonprofit 501(c)(3) was formed in 2004, Beecher's has donated over \$4 million to change the way America eats with more than 175,000 students experiencing the foundation's unique food education workshops in New York City and the Puget Sound region. Learn more at bechersfoundation.org.



In keeping with our commitment to pure food, Beecher's donates to The Beecher's Foundation, which inspires kids to make healthy food choices for life. In the foundation's free Pure Food Kids workshops, 4th and 5th grade students become food

For more information please visit www.beecherscheese.com or email customerlove@becherscheese.com.

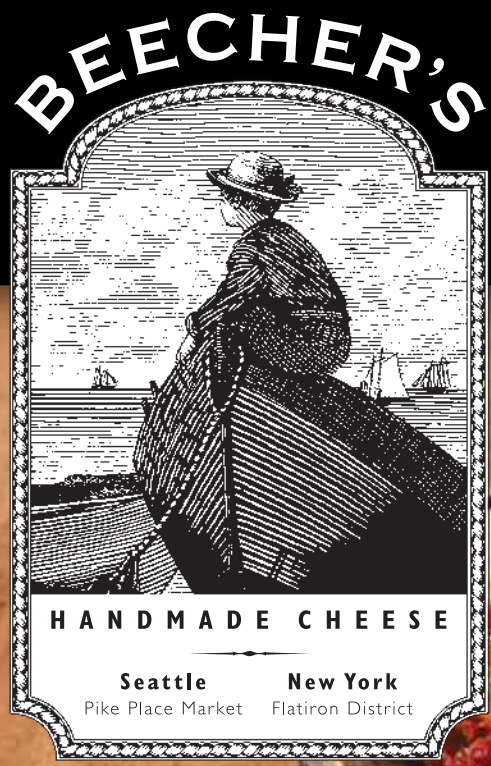


IT'S THE CHEESE

Located in Seattle's Pike Place Market and New York City's Flatiron District, visitors to our glass-walled cheesemaking kitchens witness firsthand the centuries-old craftsmanship that goes into every batch of our award-winning cheeses.

CHEESE CURD LASAGNA with Meat Sauce

The "World's Best" standard, delivering extraordinary flavor with a little bite.



**COOK THOROUGHLY
KEEP FROZEN**

Authentic • Original
NET WT. 21 oz. (1 lb. 5 oz.) 595g

At Beecher's Handmade Cheese, we care deeply about the health, well-being and culinary delight of our customers. We have a passion for — and a commitment to — a philosophy of wholesome nutrition. Try any one of our award-winning products and experience that passion firsthand.

www.beecherscheese.com



Authentic • Original
CHEESE CURD LASAGNA with Meat Sauce
The "World's Best" standard, delivering extraordinary flavor with a little bite.



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FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS *

CONVENTIONAL OVEN: Preheat oven to 375°F. Remove film. Place pan on baking sheet and bake on middle rack for 43 to 48 minutes or until product has reached 165°F. Remove from oven; contents will be very hot. Let set up to 5 minutes before serving.

MICROWAVE: Remove film. Place pan in microwave on a microwave-safe plate. Microwave on high for 10 to 11 minutes or until product has reached 165°F. Contents will be very hot. Let set up to 5 minutes before serving.

* Opens hairy; cook to an internal temperature of 165°F as measured with a food thermometer. Keep frozen until ready to bake.